



2016 Young Life 5K Run/Walk

Family Cookout / Crawfish Boil

Sunday, April 17, 2016

Fun Run 3:45 PM ~ 5K approximately 4:15 PM

Benefits: Proceeds from the race will benefit Young Life Mobile.

Location: The Grounds (1035 North Cody Road)

Distance: 5K and 1 mile courses on the Grounds

Events: 5K Race will begin at 4:15 PM / Fun Run will begin at 3:45 PM

Registration: Register by mail (entries should be postmarked by Friday, April 8th), in person at McCoy Outdoor, Run-N-Tri, or Fleet Feet in Mobile or Running Wild in Fairhope until noon on Tuesday, April 12, or online (<http://2016younglifemobile5k.eventbrite.com>) until 4 AM on Wednesday, April 13. Race day registration and packet pick-up will be held at The Grounds from 3:00pm- 3:45 p.m.

Entry fees: Pre-registration:

Adults: \$20

Children 12 and under: \$15

Full-time employed police officers and firefighters race free of charge - if pre-registered.

Late registration:

Everyone: \$25

Awards: Ribbons will be given to all Fun Run participants ages 14 and under. No awards or prizes are given for the Fun Run.

5K Awards for: Top male and female Overall and in age groups: 14 and under, 15-19, 20-29, 30-39, 40-49, 50-59, 60 +

Shirts: To guarantee a shirt on race day, you must register by April 12, 2016. T-shirts will be available while supply lasts on race day.

Post-Race: There is no charge for food for registered runners. Non-participants will be asked to pay \$5.00 per plate.

Weather Disclaimer: The YL 5K/Fun Run will take place rain or shine. Organizers reserve the right to cancel the event should weather pose a danger to the safety of the participants and volunteers. Entry fees are not refundable and will be considered a donation to Young Life. If the event is rained out, you may pick up your shirt at the Young Life office (7171 Cottage Hill Rd, Mobile, AL 36695)

Last Name: _____ First Name: _____ Age: _____ Sex: M F

Address _____ City, State & ZIP _____

DOB: _____ Phone: _____ Email: _____

T-Shirt Size: YS YM YL S M L XL XXL Event: Fun Run 5K

Donation to Young Life Mobile: _____

I know that running a road race is a potentially hazardous activity that could cause injury or death. I should not enter and run unless I am medically able and properly trained, and by my signature I certify that I am medically able to perform this event, am in good health and am properly trained. I agree to abide by any decisions of a race official relative to any aspect of my participation in this event, including but not limited to: falls, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. I understand that bicycles, skateboards, baby joggers, roller skates or blades, animals, and radio headsets are not allowed in the race and I will abide by these guidelines. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release Young Life Mobile, LRH Productions, City of Mobile, The Grounds, all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event, even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver.

Signature of Participant _____ Date: _____
(Parent/Guardian must sign for participants under 19)

Make checks payable to: **Young Life Mobile.**

Mail completed applications and fees to: **P.O. Box 851025 – Mobile, AL 36685-1025**